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Title: LORD OF THE DANCE

Author: Ashtar

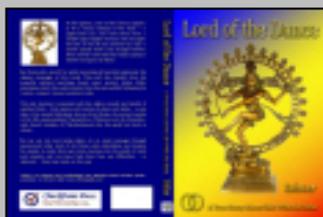
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Subject Codes

1. OCC036030 Body, Mind & Spirit : Spirituality - Shamanism
2. PHI003000 Philosophy : Eastern
3. BIO018000 Biography & Autobiography : Religious

Book Description (annotation)..

An informative and intimate study of the charismatic personality, teachings and influence of the Indian spiritual guru Sai Baba, as well as an honest and deeply-sensitive autobiographical portrait of the author's own personal journey to spiritual maturity.

From the rear cover..

At first glance, Lord of the Dance appears to be a riotous odyssey of the heart – a page-turner of a true story about how a middle-aged English woman, who thought the best of her life was behind her, had it turned upside down and changed forever when she fell in love with the Indian spiritual teacher and guru Sai Baba. But those who search for wider meaning will quickly appreciate the deeper messages of this book. They will also benefit from the powerful spiritual teachings, based upon ancient Indian Vedic principles, which the author learns from the guru whilst following his 'cosmic caravan' around southern India. This epic journey is saturated with the sights, sounds and smells of spiritual India – from spices and incense to sitars and tablas – as we take in the surreal Kathakala dancers from Kerala, the ancient temple of the fish-eyed goddess Meenakshi at Madurai, and the Dravidian-style beach temples of Mahabalipuram that the gods had tried to drown. But we are not just being taken on an outer passage through paranormal India. Lord of the Dance also emboldens and inspires the reader to make their own inner journey into the world of myth and mystery and, not least, help them face any difficulties – or demons! – they may meet on the way.